On the main navigation bar at the top, we can use the Your Work drop down menu to see issues projects and boards recently visited and assigned work, the Projects drop down to see a list of all projects and a button to create a new project. Filters and Dashboards drop down menu to view any saved or starred filters and dashboards. The People tab shows a list of people and teams interacted with the most, Create button for a quick way to create new issues. And a search bar for ease along with settings and a profile section.

The project side bar will be frequently used, as you can switch from project to project see your current board or switch to another board, see the backlog for the project currently being worked on. While there are many more features Items like issues, components, releases, and project pages are more advanced features, with Project settings being used mostly by Jira admins and project managers.